



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2019

### Sporting Excellence in Karate

#### National Level

## Joseph Sayers

This is to certify that Joseph Sayers has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Joseph competed at National Championships throughout England in 2019 winning the medals and titles listed below:-

### Championship Success - 3 Silver 7 Bronze

**Yorkshire Open Championships** - 10<sup>th</sup> February, Barnsley  
Bronze - Team Kata

**Shindo Kai Championships** - 24<sup>th</sup> March, Barnsley  
Bronze - Team Kumite

**Hull & East Riding Junior Championships** - 12<sup>th</sup> May, Bilton  
Bronze - Individual Kumite

**Halifax Championships** - 16<sup>th</sup> June, Halifax  
Silver - Individual Kumite  
Bronze - Individual Kata

**Shindo Kai Grass Roots Championships** - 30<sup>th</sup> June, Barnsley  
Silver - Pairs Kata  
Bronze - Individual Kumite  
Bronze - Team Kumite



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.



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**Wado UK Championships - 1<sup>st</sup> September, Hull**

Silver - Team Kumite

Bronze - Individual Kumite

Congratulations on your sporting achievements throughout 2019. Well done Joseph.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy



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